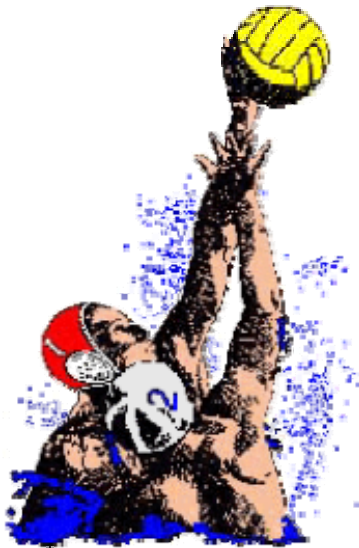


# New Program for swimmers ages 8 and Up:



## **Water Polo TO ENTER THE LEVEL:**

Participants should be swimming at the Minnow level or higher and be comfortable swimming on their stomach and back in both ends of the large pool. ALL basic swimming, catching and throwing techniques will be taught.

**Tuesday and Thursday 8:00-9:00 PM**

**Fitness Member Fee \$25, Program Member Fee\$32**