



The gym schedule is always available online at www.midymca.org

GYMNASIUM SCHEDULE: Beginning July 5, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00am Open Gym	6:00-9:00am Open Gym	6:00-7:00am Open Gym	6:00-9:00am Open Gym	6:00-7:00am Open Gym	7:00-9:00am Open Gym	
7:00-9:00am Basketball		7:00-9:00am Basketball		7:00-9:00am Basketball	9:00-9:45 Youth Sports Class	7:00-9:15am Open Gym
9:00-10:30am Child Watch Plus	9:00-10:30am Child Watch Plus	9:00-10:30am Child Watch Plus	9:00-10:30am Child Watch Plus	9:00-10:45am Child Watch Plus	10:30-11:30am P/C Class	9:30 – 10:30am Youth Sports Class
10:30-11:45pm Childcare Center* (Rainy days only)	10:30-11:45pm Childcare Center* (Rainy days only)	10:00-12noon Childcare Center* (Rainy days only)	10:00-11:45pm Childcare Center* (Rainy days only)	10:00-11:45am Childcare Center* (Rainy days only)	11:30-Noon Family Gym	10:45 – 11:45am Family Gym
11:45-2:00pm Open Gym	11:45-12:45pm Open Gym	Noon -1:30pm Open Gym	11:45-12:45pm Open Gym	11:45 -1:30pm Open Gym	Noon-1:15pm Birthday Parties	11:45-1:00pm Birthday Parties
	12:45-1:30pm The Academy		12:45-1:30pm The Academy		1:15 – 2:00pm Family Gym	1:00 – 2:00pm Family Gym
2:00-6:00pm Youth & Family Gym	1:30-6:00pm Youth & Family Gym	1:30-6:00pm Youth & Family Gym	1:30-6:00pm Youth & Family Gym	1:30-6:00pm Youth & Family Gym	2:00-6:00pm Open Gym	2:00-5:00pm Open Gym
6:00-7:00pm ½ Youth & Family ½ Drop in Basketball	6:00-7:00pm ½ Youth & Family ½ Drop in Basketball	6:00-7:00pm ½ Youth & Family ½ Drop in Basketball	6:00-7:00 pm ½ Youth & Family ½ Drop in Basketball	6:00-7:00pm ½ Youth & Family ½ Drop in Basketball		
7:00-9:00pm Drop in Basketball	7:00-9:00pm Drop in Basketball	7:00-9:00pm Drop in Basketball	7:00-9:00pm Drop in Basketball	7:00-9:00pm Drop in Basketball		

* Childcare Center morning hours – during inclement weather only.

Open Gym hours on weekends are for individuals of all ages.

Youth & Family Gym hours will include opportunities for free recreational play, as well as organized games for youth of all ages.

Drop in Basketball is individuals over 14 years of age.

Membership Code of Conduct

- * Members are expected to conduct themselves according to the YMCA character development values of caring, honesty, respect & responsibility
- * Anyone fighting, using foul language, being disrespectful or acting inappropriately will be asked to leave the YMCA
- * Please lock valuables in a locker, the YMCA is not responsible for lost or stolen property
- * Members are responsible for their guests
- * Please see YMCA staff with any concerns