

Wilderness Camp

2010

Dear Parents/Guardians and Campers,

Welcome to YMCA Camp Ingersoll's Wilderness Camp. Wilderness Camp is designed for the outdoor enthusiast who wants to learn how to use the environment as a valuable resource in a time of need. This summer's activities will be led by Scot Peaslee and Sara Leslie. Scot is a graduate of UConn where he earned a degree in education. Scot is an experienced counselor and outdoorsman. He is ready to start his third year as a Wilderness Camp Counselor. Sara has also been part of the Camp Ingersoll family for many years now and is a returning Wilderness Camp Counselor herself. Both Sara and Scot are excited to take your camper into the wilderness.

Adventurers will have opportunities to hike, build shelters, rescue canoes, start a fire, perform basic first aid, and many other wilderness skills. There will be two overnights during the session: one on camp grounds (the first Thursday) and one at Seldon's Neck State Park (the second Thursday). Breakfast, Lunch, and Dinner will be provided for the night of the stay and the following day.

- Wilderness Camp will have an overnight on camp grounds to prepare for the overnight at Seldon's Neck while being in the familiar atmosphere of YMCA Camp Ingersoll.
- On the second Thursday Wilderness Camp will drive to Gillette's Castle at 12pm where they will canoe to Seldon's Neck State Park and stay the night. They will row back across the river by 12 pm on Friday and will be at camp by 1pm.
- **NEW THIS YEAR!** Is going to be a canoe trip to prepare for Seldon's Neck. Wilderness will travel with Mega Adventure and Aqua camp to Huck Finn Adventures on the Farmington River.

We believe in "challenge by choice", which means that no one will be forced into an activity, each adventurer will choose his/her own level of involvement that they are comfortable with. **All campers will be expected to remain involved with the group, giving each other support and accomplishing goals together.** Adventurers will be expected to behave responsibly and respectfully. If at anytime, we feel that a camper is not acting responsibly or is endangering themselves or others, we will not hesitate to remove that camper from the activity and possibly the program.

Please sign and return your permission slips before the first Thursday of the session.

Sincerely,

Ben Silliman
342-2267
Specialty Camp Coordinator
YMCA Camp Ingersoll
99 Union St
Middletown, CT 06457



Wilderness Camp Overnight Permission Slip 2010

I give my child _____, has permission to sleep at YMCA Camp Ingersoll and on Seldons Neck Island with the Wilderness Camp Program. I understand that for this sleep over, I do not have to register for or pay an extra fee, it is included in the wilderness camp program. I also give permission for my child to canoe down the Farmington River, and understand that a canoe certified counselor and lifeguard will be accompanying them.

- I understand that YMCA Camp Ingersoll will provide dinner for the night that is spent at camp and breakfast and lunch the next day.
- I understand that should an emergency situation should arise, I grant permission for my child to be transported and receive medical attention.

Please check one the appropriate selection:

Session 2

- _____ My child will attend the camp over night on Thursday, July 15th
_____ My child will attend the Farmington River canoe trip on Friday, July 16th
_____ My child will attend the Seldons Neck overnight on Thursday, July 22nd

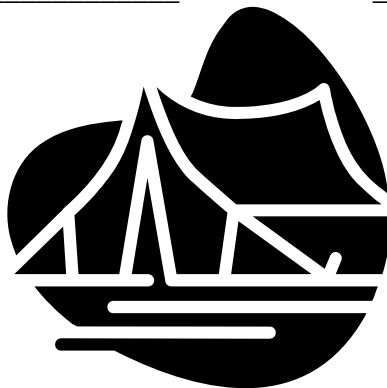
Session 4

- _____ My child will attend the camp over night on Thursday, August 12th
_____ My child will attend the Farmington River canoe trip on Thursday, August 12th
_____ My child will attend the Seldons Neck overnight on Thursday, August 19th.

Parent/Guardian Signature: _____ Date: _____

Emergency Contact Numbers:

Name: _____ Number: _____
Name: _____ Number: _____



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We build strong kids, strong families, strong communities.

Wilderness Camp Overnight

1) Camp will provide shelter and food supplies

2) Sleeping Bags

3) Pillow

4) Change of clothes

- rain jacket
- sweatshirt
- Hat for shade

5) Sunscreen (**provided with a note from parent that grants camper permission to use**)

6) Flashlight

7) Toothbrush

8) Insect Repellant (**provided with a note from parent that grants camper permission to use**)

9) Bring lots of water

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